Play Together on Pedals
Nurseries, Families, Communities
Play Together on Pedals

we are cycling UK

Cycling Scotland

PLAY SCOTLAND
Aims of the project:

• Training early years practitioners to deliver Play on Pedals

• Enabling and supporting families to cycle together for everyday journeys

• Delivering a community activity leader training course

• Funding organisations to deliver Play Together On Pedals sessions and events in the community
Partnerships
Training material:

• Developed with early years practitioners

• Supporting Curriculum for Excellence

• Rooted in play
Not just about learning to ride a bike!
Vocabulary building

Developing fine and gross motor skills

Incorporating STEM
Unexpected outcomes:

- Inclusion
- Better integration of children with English as a second or other language
- Greater engagement with active travel from parents, carers and nursery staff
“We had tried and struggled to teach our son to cycle. He attended his first Play Together on Pedals session and was cycling independently by the end! We have now attended three sessions so he can gain confidence, and I couldn’t recommend them enough. Absolutely fantastic and achieved what we could not!”
“Excellent activity for young children. A brilliant opportunity to gain a valuable life skill!”

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http://playonpedals.scot/