

# doortrappen

CycleOn: Safe cycling until you turn 100

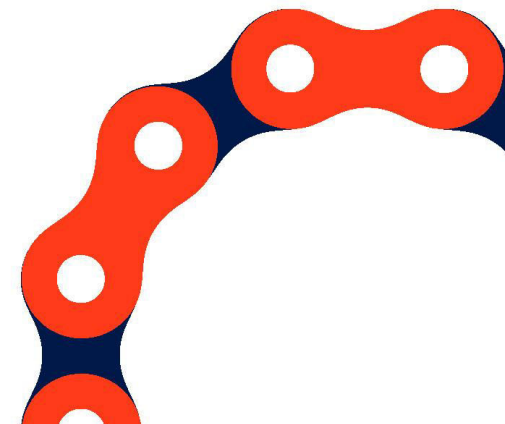
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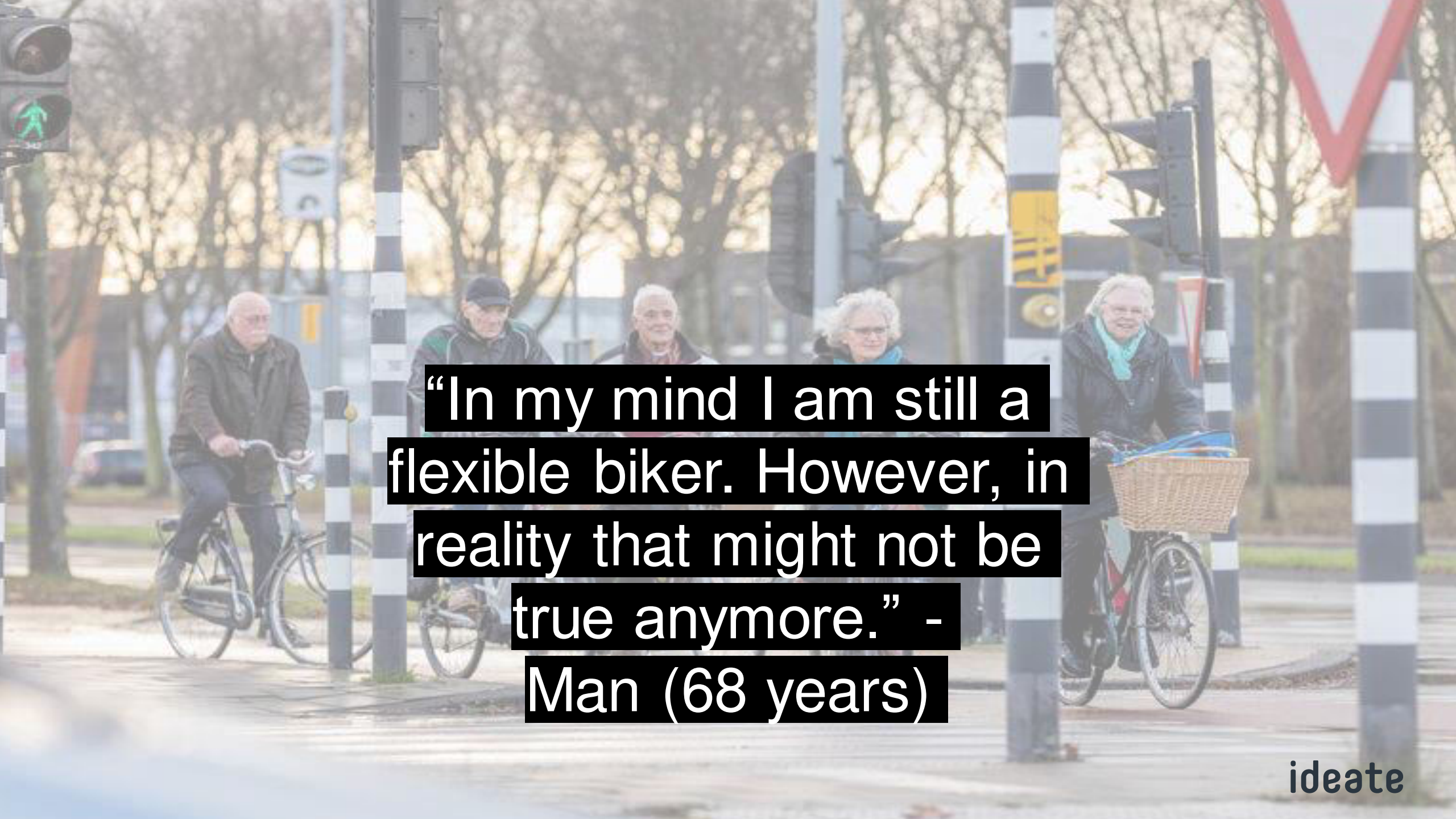
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**“In my mind I am still a flexible biker. However, in reality that might not be true anymore.” -  
Man (68 years)**



**“For me, being able to  
ride my bike means being  
able to stay independent.  
I intent to keep it that way  
for a while.” -**

**Woman (72 years)**



**“cycling classes? That’s a  
good idea! I would be  
very willing to teach.  
Woman (76 years)n**