



Seven wonders for cycling community

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topic for presenting :

- Why 7 types
- How to do
- Conclusion



Thailand 77 provinces 4 regions



Why 7 types ?

- From project operation 2 period , we found that community could make analysis of their local area and design activities that are consistent with the ways of their community in seven types.



(1) using cycling as a means to reduce carbon footprint and carry out environment activities in the community.



(2) using cycling as an activity for development of children and youth from their early age



(3) using cycling to carry out public health works together with community hospitals, encouraging health officials to use bicycle to go to work with communities,





(4) using cycling as a means to make elderly people happy, enabling them to meet their peers and to do religious activities together with other people in their community, such as to go to make merit at a temple or to join communal prayer at a mosque,



(5) deciding on collective measures to support people in the community to use bicycle in their daily life,





(6) using cycling as a means **to promote and manage tourism**, generating incomes for their community,

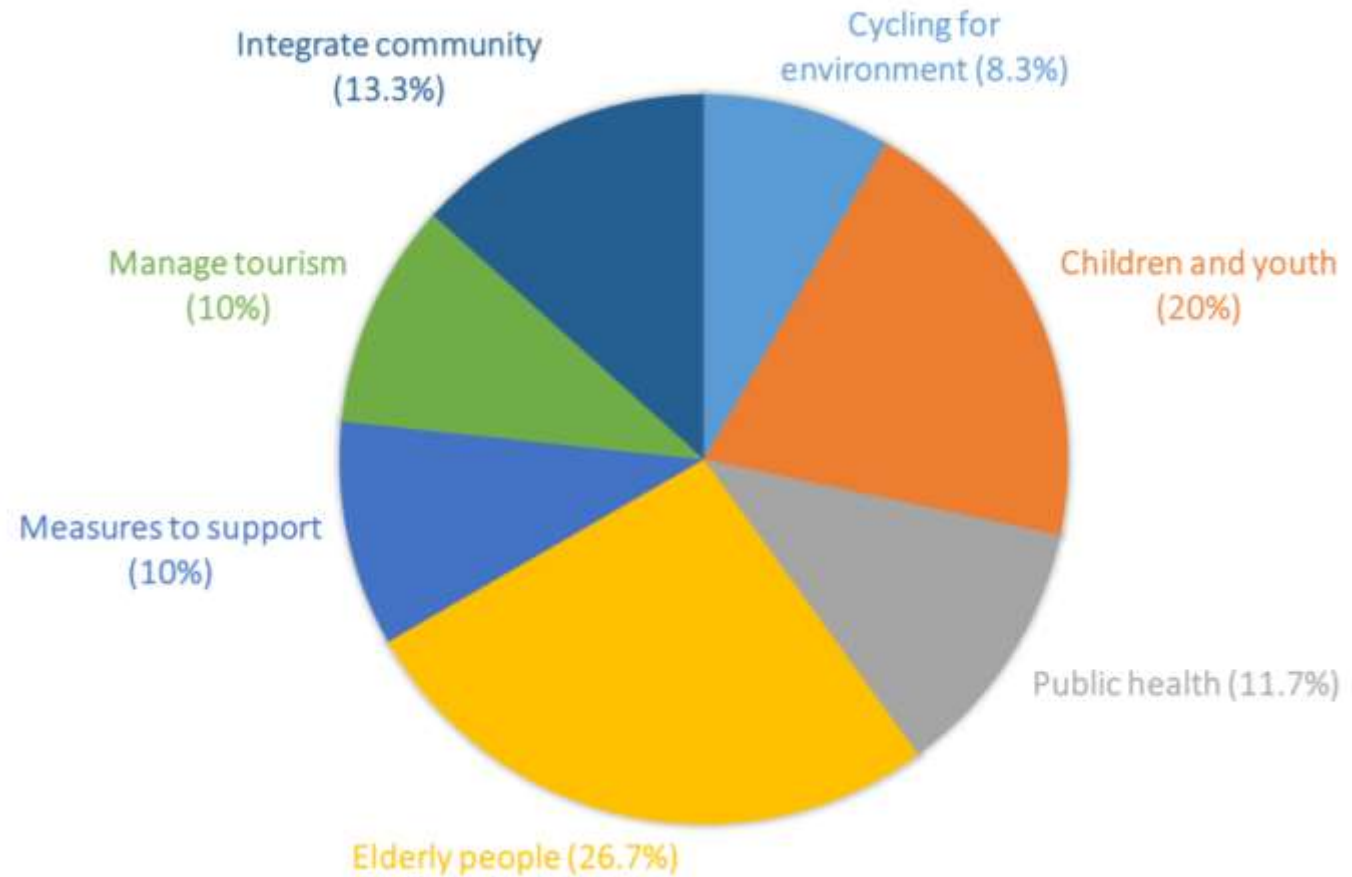


(7) using cycling as a tool to integrate community development works together with local administrative organizations



Seven wonders for cycling community

Detail	community
Cycling for environment	5
Children and youth	12
Public health	7
Elderly people	16
Measures to support	6
Manage tourism	6
Integrate community	8
Total	60



How to do

implemented in seven main stages: within 60 communities (2019)

- (1) selection of community **leaders**.
- (2) **training** on self-community analysis.
- (3) training to build **Log Frame and outcome mapping skills**.
- (4) giving **grants** to support actions in the community.
- (5) **supporting and monitoring** progress of community works.
- (6) organizing fora for **knowledge sharing and mutual learning** between the communities and
- (7) **learning lessons** from project operation together.



Objectives :

For develop community leaders, building their capacity to promote healthy conditions in their communities by using bicycle as a tool



1986 Ottawa Charter which prescribes that “Health promotion is the process of enabling people to increase control over, and to improve, their health”.





Training and Sharing of leader community to promoting for cycling in the communities



We Found

year	Community		Tool	%
	Start	Finish		
2017	78	70	Training / Monitoring	89.7
2018	100	89	Training/Monitoring	89.0
2019	60	60	7 types + Training /Monitoring	100



We Found

- Helping community leader **select type before develop sub-project**
- Helping community leader can **design activities suitable for target groups**
- Helping community leader can **right the local organization to collaborating**
- **Reduce the number** of communities that do not continue
- Next we will developing tools for another community that interest it !!!



Cycling Community Make community is BEAUTIFULL !!!





THANK YOU VERY MUCH FOR YOUR ATTENTION



For more details:

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