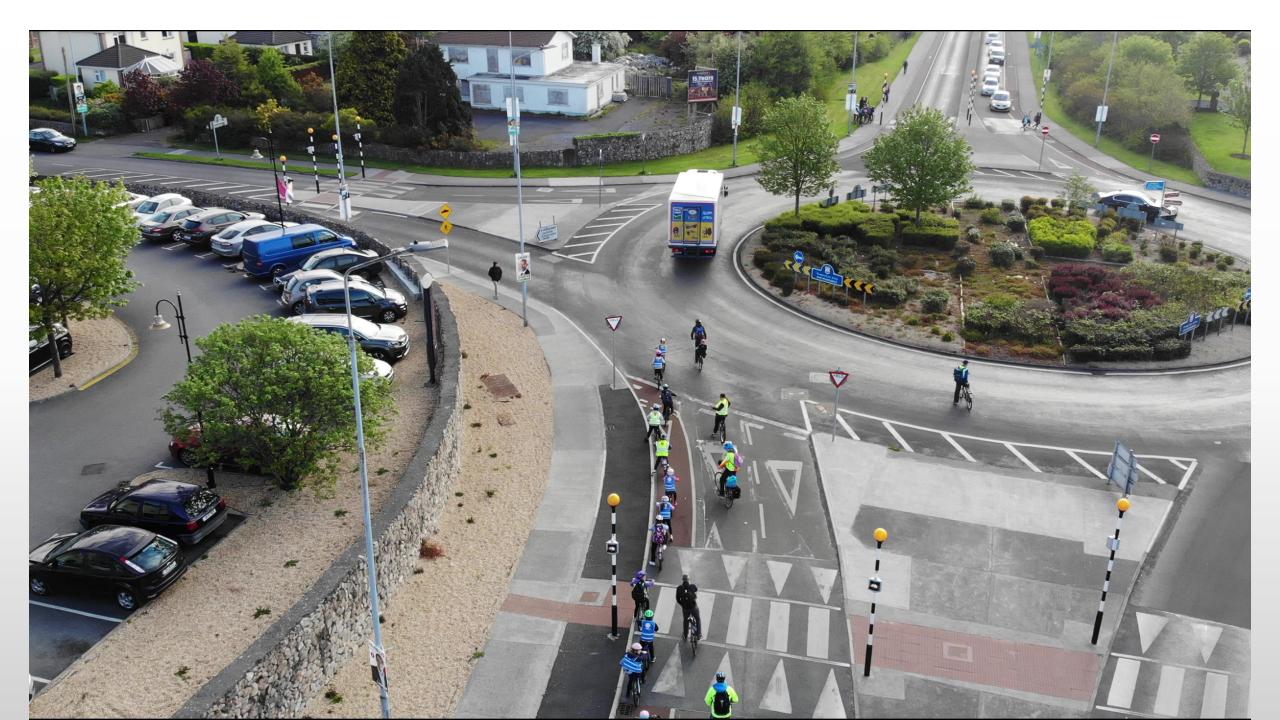


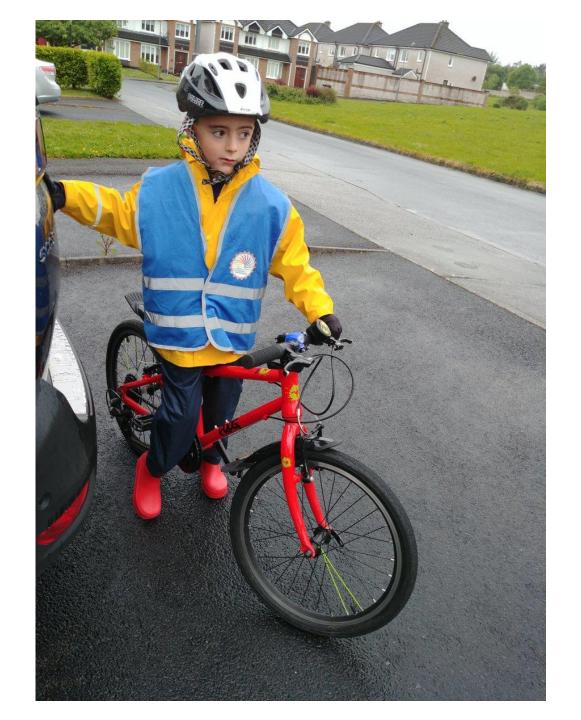


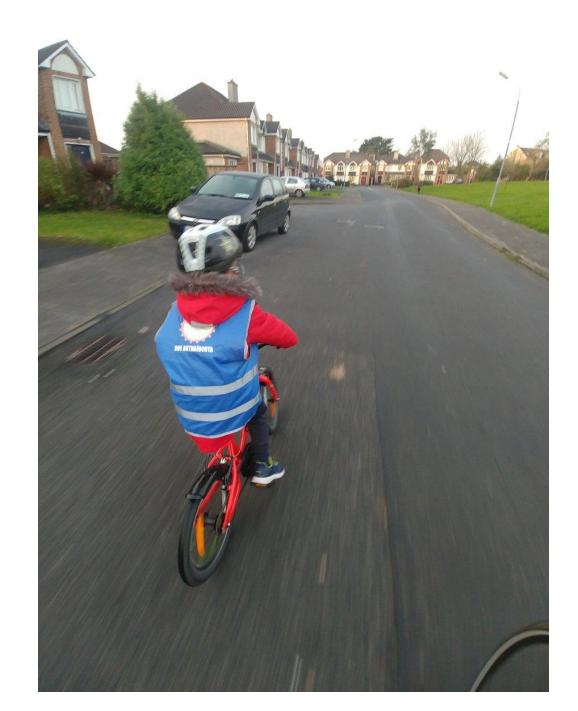
Alan Curran Galway Cycle Bus Project



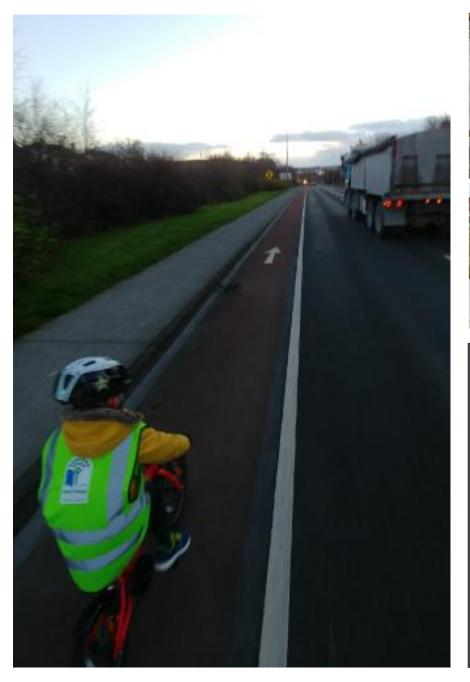
























Why is it needed?







Why does it work?



Student Experience

- "I love cycling past traffic with my daddy" – Eanna, 5
- "It makes me fit and fast" –
 Jessie, 8
- "The cycle bus helps wake me up in the morning" – Eoghan, 11
- "I cycle because it makes me happy" – Lauren, 10



Teachers Experiences

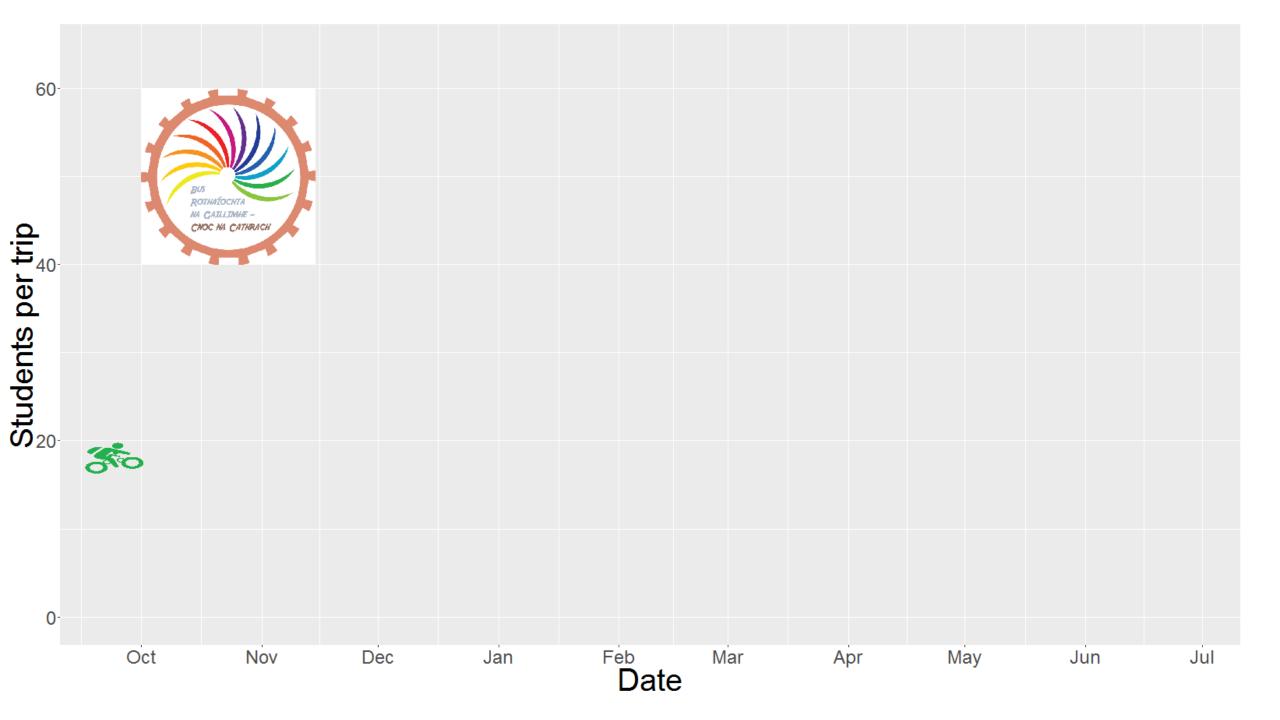
"Builds healthier relationships with the children in our classroom, especially for those with behavioural and learning difficulties" – Neasa Bheilbigh, Gaelscoil Mhic Amhlaigh

"I've found that the children who walk, cycle or scoot to school are more alert, enthusiastic, and engaged in their lessons" – Martina Doyle, Knocknacarra National School

"I borrowed my teenage sons bike to help out back in Sept and he hasn't got it back yet! It has inspired me to cycle again" — Siobhán Daly, Gaelscoil Mhic Amhlaigh



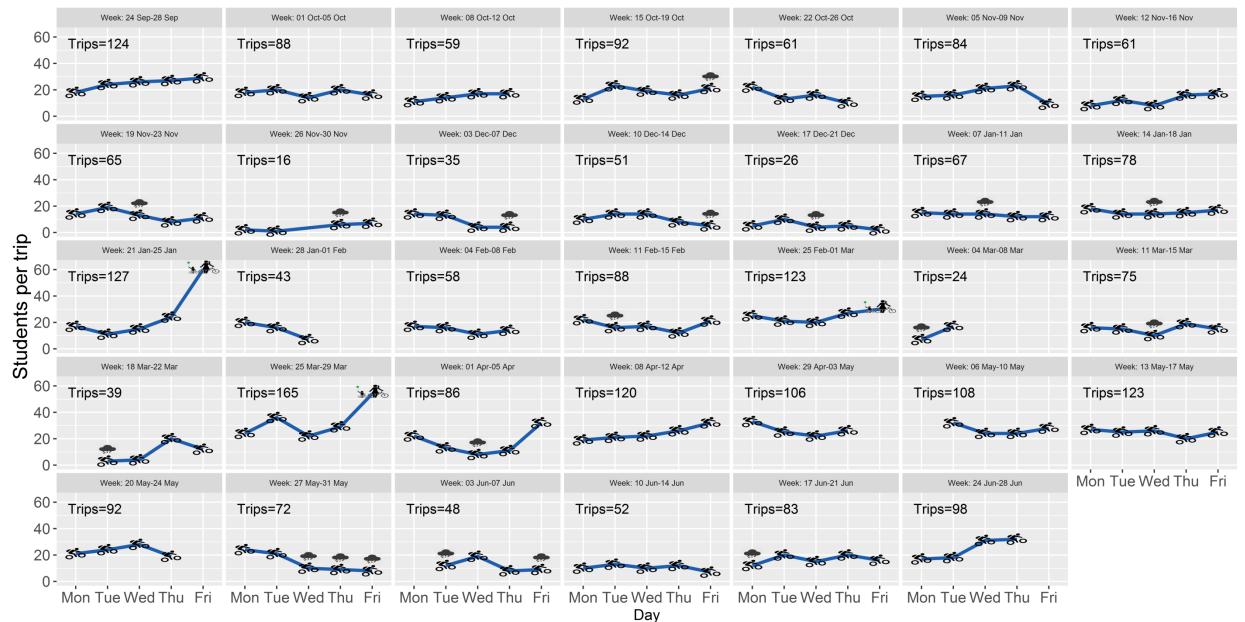






Bus Rothaíochta na Gaillimhe





6 week plan





6 month plan





6 year plan

New bike-to-school initiative proving a huge hit with schoolchildren

BY DENISE MCNAMARA

commuting to school on their Alan. bike courtesy of a novel "The feedback is phenome Knocknacarra.

limhe or the Galway Cycling you arrive in school after sit-Bus takes in a 2km route from ting in traffic for 20 minutes Cappagh Park to Knocknacarra you're sluggish. But now National School and Gaelscoil they're coming in full of Mhic Amhlaigh every day dur- energy after the exercise and ing school term along the West- the fresh air." em Distributor Road.

ents along one of the busiest take them at speed. commuting routes in the city. "The vast majority of the

The convoy begins at Cap- motorists are positive and give pagh Road at 8.10am and stops us a thumbs up. They can see off at all major estates with stu- it's 30 kids with adults on bikes dents joining the single file at which is taking 40 cars off the the back until reaching their road. But there are always the destination by 8.30am.

with a high of 30 pupils at its fic and we sailed by him." celled in high winds

Organisers are hoping the term. They initiative will address the marshals to downward spiral in cycling to mute. school. The latest Census figures show only 2.5% of children cycle to school nationally, cycling re down from 17% in 1986.

St Enda's College secondary creating a t school teacher Alan Curran set up the cycling bus so that he ing a sepacould cycle his five-year-old schools fr son Éanna to Gaelscoil Mhic Knocknaca

there's a convoy of children travelling together, the risks are UP to 30 children a day are greatly reduced," enthused

'cycling bus' created in nal. The kids really genuinely love. They have so much Bus Rothaíochta na Gail- energy, they're lively. If

The response from a handful The cyclists use a mix of of motorists has been hostile. cycle lanes and the road while The 'cycling bus' has been subguided by at least four volun- jected to verbal abuse from teer marshals and some par- some irate drivers who over-

few. We had a car beep us yes-

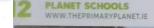
most popular. The lowest number fell to 14 on a particularly organisers is to establish the A corridor on Taylor's Hill of problems with tyres, chains wet day. The convoy is can-route every day regardless of and Oranmore is also being

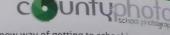


The initiative attracted 18 on terday and pass us and 30 sec-Children making their way to school along the Western Distributhe first day it began this term, onds later he was stuck in traf- tor Road with supervision from adult marshals.











he Bike Bus is a new way of getting to school in Knocknacarra, Galway!

If you cycle to school by yourself or with a friend and go to school at Gaelscoil Mhic Amhlaigh or Knocknacarra National School you can join the Bike Bus.

What is the Bike Bus?

The Bike Bus is a group of kids (with an adult chaperone) cycling together to school. The starting group will meet at Cappagh Park at ten past eight and on their way to school will pick up people at various 'Pick Up Points'. I think it is safer this way because cars will be more likely to see a big group of bikes rather than one or two. It can also stop people being late for school, because they



Riding rescue

atives in Galway and Dublin 8 are aiming to taim the streets for cyclists – and woo back scared to saddle up, writes Catherine Cleary

or a sepura a sensor appears a section of the control of the contr

what's wrong with this part of Dublin,
What's wrong with this part of Dublin,
our group asked, and how might we fix it?
route, a 4km amble on quiet stree hin is not the only city choked by traf-space to let children and less exp

fic. And we are not the only people dream-cyclists travel be ing up solutions and putting them into acwere blown to school by a tail-wind from place last Sunday with stops at phone. "My son loved it. He barely needed o touch the pedals at all," Curran says.

er Galway's Cycling Bus last September when his son was starting school. He could have strapped him into his SUV and joined the crawl for the two 2km journey, but instead he spoke to a group of parents about teer marshals to keep children safe. "The

If there are cars behind they generally give us s sitting in traffic again



